

Metz Earthly Eats promotion invites guests to "Savor the Flavors of Mother Earth"

Metz Culinary Management, the dining services partner of more than a dozen PAIS schools, celebrated Earth Day on April 22 by inviting guests to "Savor the Flavors of Mother Earth," this year's theme for the annual Metz Earth Day celebration.

Recipes developed for Earth Day not only taste great and honor our planet's resources, but they also reflect Metz's commitment to sustainability and regenerative agriculture, which utilizes farming methods meant to restore soil and leave our land, waters, and climate in better shape for the future."

Metz chefs created this year's recipes to target five areas of environmental awareness and responsibility:

- Lowering greenhouse gas emissions by using plant-based ingredients;
- Reducing the transportation carbon footprint by supporting local farms;
- Promoting water conservation through the use of beets, herbs, greens, and ancient grains;
- Encouraging sustainable agriculture with regenerative ingredients like lentils and potatoes;
- Reducing waste by batch cooking daily dishes and adhering to established company-wide ingredient management systems like Lean Path.

The annual Earth Day promotion also includes Earth-friendly giveaways, including pencils made from newspapers, biodegradable pens made from corn, and writing journals with paper made from apples that retain the fragrance of apples.

Photo One: California Plant-Based Beyond® Burger with avocado, buttermilk ranch dressing, tomato, red onion, and romaine lettuce.

Photo Two: Chipotle Chili

Photo Three: Curry Lentils with Fried Rice





